

LET'S SQUARE DANCE

(Email version)

August 2020 : Volume 67 : No 6.2

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EDITOR SAYS.....

Hi everyone. Welcome to the August edition of 'Let's Square Dance'; or should it be 'Let's Square Dance soon' !

We've had a number of appreciative comments about the email version of the magazine, but we have no idea how many dancers are reading it. **If you are reading this now, please click on the red email link below**, and send an email - no message or even a subject, as I won't even open it and will delete it as soon as I have updated the count. Hopefully, this will give us an idea as to how many readers we have! (If your partner reads it too, that's two emails !)



lsdcount@talktalk.net

Any queries, suggestions, gripes etc. please use the normal email address - (lsdmag@talktalk.net) .

Please do let us know what you've got up to during the lockdown; I've tried to pick up any woodworking skills that I had, and have started toymaking !

My apologies to Cliff Anderton, who I wrongly credited with 'What goes through a Caller's mind' on P 14 of the July mag. Gene Turner was actually the writer; sorry both!

A further correction (from Jill Woodall) re. the poem in the June LSD. It seems that it was not written by Pam Ayres, as stated in the July issue, but by a New Zealander named Jan Beaumont. If you search the internet, there's a disclaimer from Pam Ayres herself, explaining that even though it's been attributed to her she didn't write it!

And finally, just in case you are wondering, the front 'cover' this month is a photo of the alstroemaria in my garden; I just couldn't resist sharing it !

Keep smiling

Peter

Amendments to the 2020 Clubs Directory

Page 5 delete: ENGLAND, SHROPSHIRE

Tuesday B/M Broseley Jitty Bugs SDC

Page 9 delete: Broseley Jitty Bugs SDC

Presidential Musings for August 2020

I'm still here!

In order to continue holding meetings, the British Association of American Square Dance Clubs Council is using the medium of Zoom video conferencing. It is very successful and two significant advantages have emerged. Council members can avoid the need to travel, in some cases great distances, to attend meetings. Secondly, we can hold more meetings even at short notice.

With our increased reliance on technology we are lucky to have an excellent Website. It is a wonderful source of information about all aspects of Square and Round dancing and is updated on a daily basis. It is your Go-To knowledge provider!

Two weeks ago, members of Tudor Squares A Section had a 'picnic in a park' close to our dancing venue in Hemel Hempstead. Fourteen of us turned up complete with chairs and picnics. We sat in a huge circle and chatted. It was wonderful to meet up with dancing friends. A groundsman travelling around the park in a buggy stopped for a 'chat' enquiring if we were members of the 'Magic Circle'.

That got me thinking about Magicians and Square Dance Callers and their similarities. Definition of a Magician is one who appears to have supernatural powers to influence events. I know many of us have said after a dance 'I had a great time, it was Magic'.

Magicians have Magic Rites and Incantations - Callers have Calls. Both need to learn as much as possible about their chosen activity and must Practise Practise Practise. They must meet up with other Magicians or Callers and must experiment with new ideas. They must work on their presentation skills and confidence, and connect with their audiences, performing in public as often as possible. They both need to develop a 'Persona' and maintain a sense of wonder!

So when you are 'back dancing' check out your Caller. Greet them with the word ABRACADBRA and tell them that the President said they must show you their Magic Wands. Please report back any interesting conversations that may ensue!

'I have a dream' that in bedrooms all over the country potential new Callers and Cuers are learning to Call and Cue. So when we are 'back dancing' they will be ready to be let loose on the dancing community to start much needed new Clubs. Did you notice I just said those Magic words 'back dancing'. At the moment that seems a long way off. But we need to stay patience and in the meantime I send you all my very best wishes !

Stay Safe!

Let's make Square and Round Dancing great again.



The following was received from Brian Summerfield.

Greetings everyone, It was inevitable really that eventually I would have to cancel the Southport Weekend for this year. However, next year's event has been booked for the 19th. - 22nd. November 2021 and the same weekend for 2022.



The next Llandudno Weekend has been cancelled due to the Queens Hotel being up for auction! When it is in the hands of new owners I will make contact and hopefully sort a new deal and dates. The first Llandudno was in 1978.

There will be adverts in the LSD magazine when we are normal again, and I will keep the regular dancers in the loop. Amy, Paul and myself thank you for your support and good times over the years. Stay Safe and be patient, we will get through this.

Brian

Dear Editor

Covid-19 has certainly hit Square Dancing hard, and the near future does not look good, as our hobby contains two of the activities which are considered to be most dangerous, namely close contact with lots of people and singing.

If the Lockdown has shown us anything, it is that we can square dance remote from the Caller via internet platforms such as Zoom.

Sandra and I are virtual square dancing several times a week with dancers from Australia, China, Japan, Russia, Germany, France, Sweden and USA.

I wonder if this is one way we can keep square dancing going in the UK.

Recently several clubs have closed through the lack of a caller, but these clubs could have continued dancing if they had been able to 'Zoom' another clubs evening. The equipment required is readily available, and many of us now have expertise in using Zoom etc.

The internet could also be used for dances involving International callers, eliminating the costs of travel and accommodation.

David England



Chuckle Zone

A man was dining alone in a fancy restaurant and there was a gorgeous redhead sitting at the next table. He had been checking her out since he sat down, but lacked the nerve to speak to her. Suddenly she sneezed, and her glass eye came flying out of its socket towards the man. He reflexively reached out, grabbed it out of the air, and handed it back. 'Oh my, I am so sorry,' the woman said, as she popped her eye back in place. 'Let me buy your dinner to make it up to you.' They enjoyed a wonderful dinner together, and afterwards they went to the theatre followed by drinks. They talked, they laughed, she shared her deepest dreams and he shared his. She listened to him with interest. After paying for everything, she asked him if he would like to come to her place for a nightcap and stay for breakfast. They had a wonderful, wonderful time. The next morning, she cooked a gourmet meal with all the trimmings. The guy was amazed. Everything had been so incredible! 'You know,' he said, 'you are the perfect woman. Are you this nice to every guy you meet?'

'No,' she replies. (get ready) 'You just happened to catch my eye.'

A postman in Portchester known as 'Chippenham George' [because of his West Country accent] was working on a new round when he arrived at a garden gate which had a notice that read: 'Beware of the parrot' . He looked into the garden and, sure enough, there was a parrot sitting on its perch. George chuckled to himself at the sign and the parrot there on its perch looking harmless and walked brazenly up the garden path. Halfway to the front door George heard, to his dismay and horror, the parrot shriek, 'Seize him Rover, seize him.'

I cycled to the shop for a bottle of whiskey so I didn't run out during the lock down, but, as I put it in my bike basket I thought - what if I fall off my bike and break it. So I drank it all outside the shop, good thing I did, I fell off the bike 6 times on the way home.

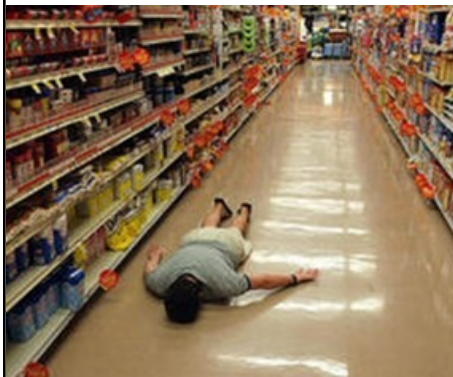
Eddie and his wife June are shopping in their local supermarket. Eddie picks up a case of Heineken and puts it in their cart.

'What do you think you're doing?' asks June.

'They're on sale, only £12 for 24 cans' Eddie replies.

'Put them back, we can't afford them' says June, and they carry on shopping.

A few aisles further on June picks up a £24 jar of face cream and puts it in the basket.



'What do you think you're doing?' asks Eddie.

'It's my face cream. It makes me look beautiful,' she replies.

Eddie retorts: 'So do 24 cans of Heineken and it's half the price.'

He never knew what hit him.

The next thing he heard on the supermarket PA system was: 'Cleanup on aisle 19, we have a husband down.'

My Square Dance Surprise Souvenir



My wife Ann and I went on the 2019 Aeron Valley Diamonds 'Holiday Weekend with Square Dancing'. This was an excellent weekend with calling by Mike Belsten and Leah Clarke. Aeron Valley Diamonds are a friendly and welcoming Club situated in a beautiful part of Wales. We had an enjoyable time dancing and hope to return in 2021.

During the holiday we visited a National Trust house at Llanerchaeron. In the stables there was a local leather craftsman hand making items to order. Amazingly he had an american belt buckle amongst his stock.

So the hand made belt which arrived in time for Christmas 2019 was my surprise square dance souvenir which I proudly wear to our Club Nights and Saturday Dances.

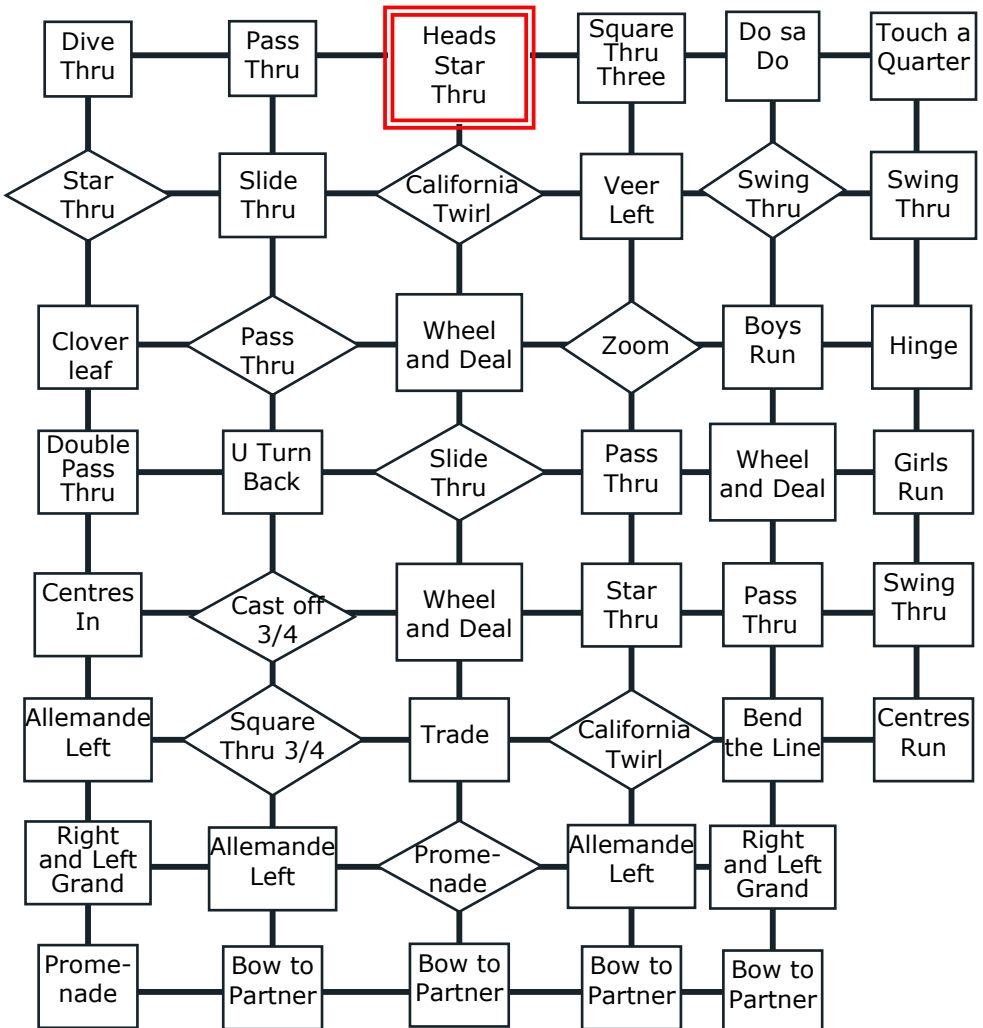
Nick Tillotson White Rose Squares





Puzzle Time

I thought we'd try a different sort of square dance puzzle this time - perhaps mainly for Callers and aspiring Callers, though anyone could have a go ! Starting from a static square, at the top middle - 'Heads Star Thru', find a valid route through the moves to finish back 'home' with your partner. Each move may only be passed thru once. As far as I know, there is only one correct route.



Caller's Corner

by PAUL BRISTOW
(CALLERLAB Accredited Caller Coach)

How to be a Caller - (... based upon a 1976 presentation by 'Arry Preston)

The first Caller Training session that I attended was in 1976 (I think that was the date), it was presented by 'Arry Preston, to a meeting of Callers and representatives of Clubs of the British Association at Bounds Green School in North London. I have no record of that event - but (working from memory) it was (probably) entitled (something along the lines of) "How to be a Caller". After a few introductory words, 'Arry asked for a Dancer volunteer to come on stage and have a go at Calling. Once one had been found (in the form of Doug England - a gentleman who was one of the most well travelled Dancers of the time); 'Arry asked Doug to try to Call something he'd heard at a Square Dance.

After a few moments, a simple routine was devised - based upon Doug's recollections: "Allemande Left, Right and Left Grand, Swing and Promenade"; 'Arry then asked Doug to Call this to a Square of "real" Dancers, in such a manner that they could Dance to it.

Initially, Doug was unsure how to proceed - so 'Arry told Doug to think about the ways that a Caller presents choreography in a rhythmic Style making use of the music, taking care to watch the Dancers to ensure that each Call was delivered at the right point - so that the Dancers did not have to wait for the Call, or rush the Call that they were doing.

After a few moments, Doug was "Calling", in simple terms, Doug said: (something along the lines of): "Allemande Left with your left hand - partner right and a Right and Left Grand - go all the way around the ring, meet your girl - give her a Swing - Swing your girl and take her hand - Promenade the lady go round the land". 'Arry congratulated Doug and then said: "let's put that to music"; 'Arry put on a simple piece of Square Dance Patter music and - after spending a few moments listening to the music and practicing - Doug had a go at Calling with the music and presenting the choreography.

The whole event was quite outstanding, there was a lot more to the session that (very sadly) I cannot remember - but my reason for mentioning this part, in this article, is to try and emphasise the importance of: "sounding like a Caller". Calls should be given in a rhythmic style - that works with the music - so that the first downbeat of the musical phrase is available to the Dancers for each new Call; this means that the Calls must be delivered 2 beats prior to the downbeat (which should be the time that it takes to say the name of the Call), then the Caller should make use of the musical phrase and the rhythmic structure to entertain and also to allow the Dancers to "Dance" to the music.

The alternative would be for the Caller to just stand on the stage and deliver the Calls as though they were reading from a shopping list; making no use of the music and its structure. The result of "Shopping List Calling" would be "jerky" dancing, unnecessary pauses and occasional "rushed" actions - all occurring with virtually no reference to the music. With certain types of music, where the rhythm is difficult to find, it is possible to "chant" the Calls - as well as to "syncopate" the Calls with the rhythmic structure; these are gimmicks that experienced Callers can use, to good effect. However, it is essential that Callers learn to deliver choreography - in a style that makes good use of the music.

Round Dancer Tips and Techniques

Chase and related Turns

Many newer Round Dancers struggle to learn which way to turn when executing figures such as Chase and Basketball Turn, which include Step, Turn and recover actions. Correct foot alignment and placement can make the body flow more obvious until dancers gain experience.

When you stand with feet parallel about hip width apart, with the weight on the Right foot, then take a step forward onto the Left foot, the body has no clues to help you know which way to turn to make the Recover step. However when you dance Latin rhythms (Rumba, Cha and later Mambo and Bolero) you stand with your feet slightly turned out, with the weight forward on the ball of the foot. Now when you step forward the toe brushes the floor, the foot is placed almost directly in front of the standing foot, and the weight transferred through the ball of the foot. This placement allows the body to turn slightly to the Right: for practice you can emphasize this by extending the Left arm forward and moving the body forward until the Left shoulder is above the Left toe. From here the body turn can only be Right-faced, to recover forward onto the Right foot facing the opposite direction. Similarly if the first step is Forward onto the Right foot, the body turn is to the Left allowing you to recover onto the Left foot.

In any standard Chase each dancer makes one turn starting with the Left foot then one starting with the Right foot, however they do not do them at the same time as their partner. Within this 4 measure figure the Man makes a turn on measures 1 and 2 then does a Forward Basic and Back Basic, whereas the Lady starts with a Back Basic, followed by turns on measures 2 and 3, finishing with a Forward Basic. Hence on measure 2 both dancers turn but in opposite directions. Note the Forward and Back Basic figures have NO sideways component, unlike Basic, and are used to maintain the linearity of the Chase.

The TwoStep figure Basketball Turn makes use of a similar technique. If the first step is Forward on the Left foot, the turn will be Right-Faced to Recover onto the Right foot facing the opposite direction, but if the first step is Forward on the Right foot, the turn will be Left-Faced to Recover onto the Left foot. Steps 3 and 4 repeat steps 1 and 2 in the opposite direction to end in a designated position, each dancer individually completing a small circle. Older cue sheets may indicate Basketball Turn starting from a facing position eg Butterfly however the current RAL definition indicates the first step is Forward, so dancers should turn to a side by side position as they prepare to take the first step of the figure. It may also help to remember that when the first step is taken with the foot farthest from your partner, the turn is in towards your partner, whereas when the first step is taken with the foot closest to your partner the turn is away from your partner.

In these figures each dancer is responsible for their own turn, so you can practice these figures alone at home.

ROUND DANCING - WE PROTEST!!! YES, WE PROTEST THAT:

- Round Dancing makes a conventional dance seem boring.
- Round Dancing Makes it impossible to keep your feet still when you hear one of your own numbers played on the radio.
- Round Dancing Makes you venture out on a night that you wouldn't even send a dog out on.
- Round Dancing Makes you attend an all-day Square & Round Dance session, and then drag your weary feet out on the very next night because you hate to miss the new dances at club.
- Round Dancing Gives you not a minute's rest on Square Dance Club night - after all, who wants to sit out a "round"?

YES, WE PROTEST THAT IF WE HADN'T GOTTEN INVOLVED IN ALL THIS, WE'D HAVE NEVER:

- Had so much fun
- Made so many good friends
- Gotten around so much
- Kept ourselves active
- And added that 'spice of life' that everyone talks about.

(From "Around the Square" - Barry Wonson)

Coming soon.... Virtual Round Dance Tuition for Beginners.

Currently work in progress, this is aimed at allowing non dancers to learn basic steps at your own pace and in the comfort of your own home. Full details will be available in due course. Watch this Space!

Koli Pluck

Virtual Square Dancing (only Advaaenced and Challenge I'm afraid)

Susan has suggested that we offer any A or C dancers the opportunity of joining with Terry and Di for their weekly virtual dance. The details are:

Tuesdays - A1 /A2 Terry and Di

Recurring weekly meeting

A1 Hour at 7.30pm Break 15 minutes A2 Hour 8.45pm

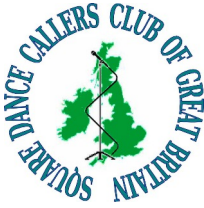
Fridays - C1 Workshop Di

Recurring weekly meeting 8pm -9.30pm

If anyone wants to join the list to get notifications with zoom joining details please email Di at digreen21@gmail.com

Editor's note: Is anyone else running virtual dances ?

LET'S SQUARE DANCE ~ August 2020



The Square Dance Caller's Club of Great Britain

<http://www.Callersclub.uk>

CALLERS STILL WORKING DURING COVID-19 LOCKDOWN

We are all wondering what our wonderful activity will look like when we are once again able to get together and dance. Will it be as before? Will it be seriously impacted by the prolonged break? Or will it come back BETTER than it was before? Many hope our economy will not only recover but will be improved and many callers, in the UK and globally, are working hard to make sure that is the case for Square Dancing.

Dancers and callers alike are concerned about the loss of 'skill' that will result from the lockdown. It has been widely recognised that there will be a need for review and re-teaching at all programmes to help dancers get back to where they were. Many dancers are helping minimise the impact by looking at the puzzles or on-line 2 dancer/couple sessions the callers are producing, which is great, but you may be wondering what the callers are doing – are they doing anything to retain their skills, or even improve them, to make the activity better. I am pleased to say that many are doing a great deal...

Most callers have taken the opportunity to sort, review and improve on their 'tools of the trade' - their music and their equipment, such that most will be better organised and equipped when we once again dance.

All experienced callers have lots (and lots and lots) of music, much of which is rarely used, or even forgotten about. Most are reviewing their libraries, learning or revising lyrics, and obtaining some new tunes – several of the Square Dance record producers have been holding sales which many callers have taken full advantage of.

To maintain or improve their technical skills callers around the world have been attending presentations and seminars on-line. Several international caller organisations, including GSI (Grand Square International) have been running such seminars, with several UK callers joining the live audiences (they are on at 1am after all) and far more watching the recorded sessions later. CallerLab (the US based 'administrators' for our activity) have a library of over 1000 similar sessions, recorded from the last 40 years of annual caller conventions, which are still relevant and helping today's callers.

The choreography callers use needs considerable research and design. Many new routines are being developed at this time which will help dancers at all levels enjoy our activity even more.

At this time, we are all missing our dancing (and calling). We will all enjoy it once again soon (not soon enough for most of us) even without improvement. But your callers are working hard to make sure that it is not only as good as before, but EVEN BETTER.

Susie

Someday we will look back on
this moment and it will forever remind us
to never take the little things for granted. It will
remind us to hug with all our hearts, to pause
to appreciate holding someone's hand, and
to live in the moments that we are
surrounded by others.

Laura Jones



LET'S SQUARE DANCE ~ August 2020

Some words of wisdom that have been attributed to some of our well-known Australian and overseas callers (these all come from extremely reliable sources whose honesty and integrity is above reproach !).

"The rule I live by: Accept that one day you are the pigeon and one day you are the statue " – Jim Mayo

"It's pretty hard to tell what actually does bring happiness - poverty and wealth have both failed. " – Ed Foote

"It isn't necessary to be rich and famous to be happy. It's only necessary to be rich " – Mark Clausing

"Gossip is when you hear something you like about someone you don't " – Patty Greene

"some callers enjoy the comfort of opinion without the discomfort of thought " – Dave Viera

"someone once said that there are no stupid questions. If that is correct, then what type of questions do stupid people ask? Do they get smart just in time to ask questions? " - Jeffrey Garbutt

"Any man who says he can see through a woman is missing a lot " – Buddy Weaver

"Behind every successful man is a woman. Behind her is his wife " - Kevin Kelly

"It is always better to keep your mouth shut and appear stupid, than to open it and remove all doubt " – Arden Hopkin

"Any fool can condemn, criticize and complain, and most do " - David Cox

"One man by himself can be pretty dumb sometimes, but for sheer stupidity nothing beats teamwork " - Barry Wonson

"Getting caught is the mother of invention " - Jaden Frigo

"I really like long walks, especially when they are taken by people who annoy me " - Shauna Kaaria

"Indecision may, or may not be, one of my problems " – Allen Kerr

"You probably would not worry what people think of you, if you knew how seldom they do " – Mike Seastrom

"Egotists have one major positive aspect - they don't talk about other people " – Paul Bristow

"If you shoot at a mime, should you use a silencer? "- Mike Sikorski

(from "Around the Square" Barry Wonson)

Mother Nature's Garden

I've laboured with my fork & spade
From early morn to end of day,
I've tidied trees and pruned some shrubs,
I've emptied pots and refilled tubs,
I've moved things round and planted seeds,
Wheel-barrowed loads of fearsome weeds,
I've cut the grass and trimmed the edges,
Swept the paths and clipped the hedges.

And

As I wiped my sweating brow -
And straightened up (I know not how)
Some clever Dick paused by my gate
(the sort I really rather hate)
"By Gum", he said "ain't nature grand
With just a little helping hand" !!

Doreen Fisher Travaux Twirlers

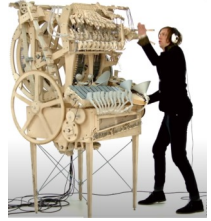


Here's a few more U-tube links that you might enjoy.

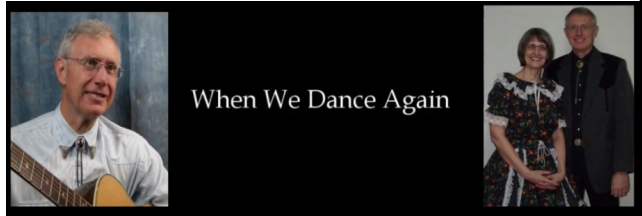
I just loved this video - another one that Des found.

Music Machine

<https://www.youtube.com/watch?v=IvUU8joBb1Q>



Barry Wonson found this rather nice song written and sung by caller Barry Peck (from 'Around the Square')



<https://www.youtube.com/watch?v=XnKQN9XBVYk>

Here is an awesome dance, called the Thousand-Hand Guanyin, which is making the rounds across the Internet. Considering the tight coordination required, their accomplishment is nothing short of amazing, even if they were not ALL DEAF..

Yes, you read correctly. All 63 of the dancers are complete deaf-mutes. Relying only on signals from trainers at the four corners of the stage, these extraordinary dancers deliver a visual spectacle that is at once intricate and stirring. Its first major international debut was in Athens at the closing ceremonies for the 2004 Paralympics.

Imagine finding 63 deaf-mute girls that principally look alike i.e. Have the same height and body build. But it had long been in the repertoire of the Chinese Disabled People's Performing Art Troupe and had travelled to more than 40 countries.

Just click on the link below

<http://www.youtube.com/embed/7vs-H7xLnrs?rel=0>



It is so important to Love someone a
little extra on their bad days.
We can't help everyone,
but everyone can help someone.



News regarding the 'Easing of Lockdown' discussion between medical experts:

Medical experts were asked if it is time yet to ease lockdown restrictions.

Allergists were in favour of scratching it, but **Dermatologists** advised not to make any rash moves.

Gastroenterologists had sort of a gut feeling about it, but **Neurologists** thought the government had a lot of nerve.

Obstetricians felt certain everyone was labouring under a misconception, while **Ophthalmologists** considered the idea shortsighted.

Many **Pathologists** yelled, "Over my dead body!" while **Pediatricians** said, "Oh, grow up!"

Psychiatrists thought the whole idea was madness, while **Radiologists** could see right through it.

Surgeons decided to wash their hands of the whole thing and **Pharmacists** claimed it would be a bitter pill to swallow.

Plastic Surgeons opined that this proposal would "Put a whole new face on the matter."

Podiatrists thought it was a step forward, but **Urologists** were pissed off at the whole idea.

Anesthetists thought the whole idea was a gas, and those lofty **Cardiologists** didn't have the heart to say no.

In the end, the **Proctologists** won out, leaving the entire decision up to the ?????????? in charge.

Most of us over 60 were Home Schooled - in many ways

1. My mother taught me To **APPRECIATE A JOB WELL DONE** - "If you're going to kill each other, do it outside. I just finished cleaning."
2. My mother taught me **RELIGION** - "You better pray that will come out of the carpet."
3. My father taught me about **TIME TRAVEL** - "If you don't straighten up, I'm going to knock you into the middle of next week!"
4. My father taught me **LOGIC** - "Because I said so, that's why."
5. My mother taught me **MORE LOGIC** - "If you fall out of that swing and break your neck, you're not going to the store with me."
6. My mother taught me **FORESIGHT** - "Make sure you wear clean underwear, in case you're in an accident."
7. My father taught me **IRONY** - "Keep crying, and I'll give you something to cry about."
8. My mother taught me about the science of **OSMOSIS** - "Shut your mouth and eat your supper."
9. My mother taught me about **CONTORTIONISM** - "Just you look at that dirt on the back of your neck!"
10. My mother taught me about **STAMINA** - "You'll sit there until all that spinach is gone."
11. My mother taught me about **WEATHER** - "This room of yours looks as if a tornado went through it."
12. My mother taught me about **HYPOCRISY** - "If I told you once, I've told you a million times, don't exaggerate!"
13. My mother taught me about **BEHAVIOR MODIFICATION** - "Stop acting like your father!"
14. My mother taught me about **ENVY** - "There are millions of less fortunate children in this world who don't have wonderful parents like you do."
15. My mother taught me about **ANTICIPATION** - "Just wait until we get home."
16. My mother taught me about **RECEIVING** - "You are going to get it from your father when you get home!"
17. My mother taught me **MEDICAL SCIENCE** - "If you don't stop crossing your eyes, they are going to get stuck that way."
18. My mother taught me **ESP** - "Put your sweater on; don't you think I know when you are cold?"
19. My father taught me **HUMOR** - "When that lawn mower cuts off your toes, don't come running to me."
20. My mother taught me **GENETICS** - "You're just like your father."
21. My mother taught me **WISDOM** - "When you get to be my age, you'll understand."
22. My father taught me about **JUSTICE** - "One day you'll have kids, and I hope they turn out just like you!"

This should be read only by the 60+ crowd because the younger ones would not believe we truly were told these "EXACT" words by our parents.

A rather sad little singalong - with apologies to W. S. Gilbert

When a Caller's not engaged in his employment (his employment)
Since Covid's kept him locked away indoors (*way indoors*)
His craving for some Square dancing enjoyment (*sing enjoyment*)
Is probably as great as mine or yours (*mine or yours*)

His frustration he with difficulty smothers (*culty smothers*)
When he knows that very little can be done. (*can be done*)
Taking one consideration with another, (*with another*)
A Caller's lot is not a happy one. (*happy one*)

Ahhhh,

When he knows that very little can be done. (*can be done*)
A Caller's lot is not a happy one. (*happy one*)

When Yellow Rock's considered much too dangerous (*much too dangerous*)
and touching hands is bad, or so we're told (*so we're told*)
We're never now allowed to dance with strangers (*dance with strangers*)
or anyone who's not from our household (*our household*)

Until the proper vaccine they discover (*they discover*)
And all the necessary testing's done (*testing's done*)
Taking one consideration with another (*with another*)
A Caller's lot is not a happy one (*happy one*)

Ahhhh,

When he knows that very little can be done. (*can be done*)
A Caller's lot is not a happy one. (*happy one*)

Peter Wright

Medical Terminology for Non-Doctors

<i>Anally</i>	<i>Occurring Yearly</i>
<i>Artery</i>	<i>Study of paintings</i>
<i>Bacteria</i>	<i>Back door of cafeteria</i>
<i>Barium</i>	<i>What doctors do when treatment fails</i>
<i>Bowel</i>	<i>Letters such as A,E,I,O,U</i>
<i>Caesarian Section</i>	<i>District in Rome</i>
<i>Cat scan</i>	<i>Searching for kitty</i>
<i>Cauterise</i>	<i>Made eye contact with her</i>
<i>Colic</i>	<i>A sheepdog</i>
<i>Coma</i>	<i>A punctuation mark</i>
<i>Congenital</i>	<i>Friendly</i>
<i>D and C</i>	<i>Where Washington is</i>
<i>Diarrhoea</i>	<i>Journal of Daily events</i>
<i>Dilate</i>	<i>Live long</i>
<i>Enema</i>	<i>Not a friend</i>
<i>Fester</i>	<i>Quicker</i>
<i>Fibula</i>	<i>A small lie</i>
<i>Grippe</i>	<i>Suitcase</i>
<i>Intense pain</i>	<i>Torture under canvas</i>
<i>Labour pain</i>	<i>Got hurt at work</i>
<i>Medical staff</i>	<i>Doctor's cane</i>
<i>Morbid</i>	<i>Higher offer</i>
<i>Nitrate</i>	<i>Cheaper than day rate</i>
<i>Outpatient</i>	<i>Patient who has fainted</i>
<i>Pelvis</i>	<i>Cousin of Elvis</i>
<i>Post operative</i>	<i>Letter carrier</i>
<i>Protein</i>	<i>Favouring young people</i>
<i>Rectum</i>	<i>Damn near killed 'em</i>
<i>Recovery room</i>	<i>Upholstery workshop</i>
<i>Secretion</i>	<i>Hiding something</i>
<i>Tablet</i>	<i>Small table</i>
<i>Terminal illness</i>	<i>Sickness at airport</i>
<i>Tibia</i>	<i>Country in North Africa</i>
<i>Tumour</i>	<i>An extra pair</i>
<i>Urine</i>	<i>Opposite of your out</i>
<i>Varicose</i>	<i>Located nearby</i>
<i>Vein</i>	<i>Conceited</i>

From Colin Walters

HAVE YOU GOT IT SORTED?

At any one time most of us have something at home that needs 'sorting'. And I'm sure there are people you've heard say, 'I've got stuff in the loft that's never been touched since we moved in.'

Well, Lockdown has given us the chance to get some things 'sorted'.

But when you're 'sorting' you also get distracted by other things. For instance, the photos that need categorising and as you browse through them, you're looking at them trying to remember some of the dancer's names of long ago. Time consuming, though I guess 3 months gives you the time to do this.

Anyway, I delved into some bits I have still kept since my mother's death, finding again my father's Home Guard Certificate of Proficiency for handling weapons. My father was a farmworker and so was exempt from being called up during WWII. However, those like him all had to join the Home Guard, not quite the same as Dad's Army but Dad often told some amusing stories about the time he spent in it, when he was with other men, under the 'do you remember' conversation. On a rota they had to do night duty so would have worked in the day, duty at night and work again the next day as farmers couldn't afford to give you time off. And if you did you wouldn't get paid. The night duty was usually 'guarding' the railway, by the bridge in one parish or level crossing and signal box in the adjoining parish, should anyone come walking along the line. I didn't know much about these times as I was only a toddler.

Does anyone remember Dr. Williams Little Pink Pills for Pale People. Well, my mother had this booklet, about A5 size, titled 'What Shall I do; The Thousand Difficulties of Every Day Answered.'

Many of the entries are the answer to ailments with scores of advice on other things even down to how to prevent piano keys going yellow.. The book is rather tattered and somewhat brown. The front and back pages are all small pictures of 'incidents'. The ones we encounter in life but, obviously, not all on one day. Many of the ailments can appear to be cured by Dr. Williams Little Pink Pills obtainable from his address in London in small round packets which are described as about 2" long by a halfpenny round. Not sure how many in a packet but the that's the old large halfpenny so I don't know whether you are expected to swallow them whole, at 2s 9d a box or

Continued on next page

LET'S SQUARE DANCE ~ August 2020

Six boxes at 13s 9d. None of this Buy one, Get one Free. A list of 23 diseases which have been cured by the Pills appear at the inside back page and each bottom half page has a running alphabetical index of complaints and problems that happen and what to do about them. ie: Acidity of the stomach, Ants in cupboards, Blisters, Bunions to name a few. (with the rest of the alphabet to go)

On the first page in was the one I wanted to tell you about. Titled, A MAN WHO CAN DANCE, How you can cure Rheumatism: Rheumatism often follows a chill or wetting. Severe pains in Muscles and Joints often cripple the victim; the disease may develop into Rheumatic Fever; and, if neglected, will recur every winter. Permanently Cured by Dr. Williams Pink Pills.

Many things seemed to be called diseases and the top half of each page lists a disease and lots of testimonials to the Pink Pills being the answer to it. Mr. George A. Gledhill of 24, Jackson's Yard, Castleford said that he had tried to spring over a pool of water but fell into it. When he finally got up, he made his way home helping himself by the side of the wall. He had a crippling attack of rheumatism, didn't work for sixteen weeks and had to use sticks to get about as his legs were always numb. A workmate later suggested the Pink Pills and within three weeks there was an improvement, less pain and stiffness all gone and so he didn't need the sticks any longer. Quote: 'I am in the best of health now. I can either dance, run or jump; do a polka, schottische, or a quadrille'

By what we know now, it's difficult to believe that these Pink Pills cured so many ailments.

So there you have it,

Dr Williams Pink Pills will cure all your health problems and enable you to DANCE..

Funny we don't seem to see these Pills nowadays?

Eric Webb

P.S. What did you do during lockdown?

GS-UK Spotlight on Andrew Agathangelou



Andrew Agathangelou, single dad, keen cyclist, square dancer, treasurer of the L&HC RCA, member the SDCCGB, and talented young caller is the subject of this GS-UK interview.



GS-UK - How did you get interested in Square Dancing?

Andrew - Strictly by accident. A neighbour and close friend who happened to be a square dancer, literally said to me, "You are going Square Dancing. Tudor Squares is starting a new class and you are going to be in it!" My response was, "Don't you need a partner for that?" and she replied, "Don't worry, I'll fix you up with someone!" I went, I attended, I enjoyed. The rest is history.

GS-UK - How did you get interested in Calling?

Andrew - Shortly before I graduated. I became very interested in the mechanics of calling as it suited the logical-side of my mind.

GS-UK - When and where did you start calling?

Andrew - I was encouraged to start calling by Susie Kelly who was providing support, encouragement and mic time to a group of newer callers at the time.

GS-UK - Did you have a mentor at the start?

Andrew - I really never considered that I had a mentor at the start as such. Susie Kelly and I are very close friends and Susie's encouragement, exercises, homework and advice have been a prime motivation of my learning to call. Other factors caused me to stop calling for a while but I started again when Simon & Trudy Fielding started offering 'Caller Taster Days'. I attended one of the first of those sessions as a dancer, but soon decided that I wanted to again try learning to call. Their approach to teaching callers who have never called before suited me and I started occasionally calling guest tips at the Waggoners club. I call at Waggoners a lot more now and I consider that my relationship with Simon and Trudy has evolved into a mentoring relationship regardless of where I am calling.

GS-UK - Where do you call now?

Andrew - I'm on a rota with other callers at Tilehurst. While at Tudor Squares I share the calling with Simon & Susie Kelly on the Advanced and the Plus evenings. I rotate at Waggoners as well on some Mondays.

GS-UK - Do you intend to start a club locally?

Andrew - I would like to start a club as I've seen other callers do, however under the current circumstances it would be impossible and after dancing resumes it will likely still be very difficult to do but who knows?

GS-UK - How many schools have you attended?

Andrew - My first official caller training was the GSI Caller/Cuer Training at St. Ives in 2014. I have been to every GSI/GS-UK caller training event since then.

GS-UK - Was there one thing that has helped you the most to improve your skills.

LET'S SQUARE DANCE ~ August 2020

Andrew - It's difficult to say but the Grand Square caller training was extremely helpful and an eye-opener and seemed to only scratch the surface of what I still had to learn, but they opened my eyes to how much more there was to learn. I have to say that the one thing that has helped me the most is the generosity of some callers to share the night on stage, Simon and Susie specifically have occasionally said, "You go ahead and take the whole night" and on those occasions I feel that I progress more than when I only do a couple of tips in an evening. Also the mentoring from Simon and Trudy critiquing after a tip or an evening helps immensely.



GS-UK - Which do you enjoy the most, Patter or Singing calls?

Andrew - If you had asked me that when I first started calling I would have said, "Patter" because I was a terrible singer. Now I actually love singing and I believe that I've got a lot better at singing. I still enjoy patter calling because of the chance to use fancy get outs or modules that give the dancers variety. I really like patter and Singing calls both equally.

GS-UK - What is your current favourite singing call

Andrew - The one that I favour at the moment is "Make Me Smile" (Shindig Productions SP1111) because I really love it and the dancers enjoy it. It seems to raise the spirits of the dancers.

GS-UK - Do you write your own material or do you use modules?

Andrew - I write a lot of singing calls and I write much of my own patter. I used to use CSDS (Vic Ceder's Square Dance System) to write my choreography. Now I am relying more on memorized modules and trying to work with CRaMS (Controlled Resolution and Manipulation System) to provide me with memorized get-outs rather than using sight calling entirely. I don't like to be too predictable with resolutions. Of course I listen to other callers and cherry-pick some of their ideas to build into my own routines (It's called research). I generally try to call using 50% modules and 50% sight calling. I have written hundreds of singing calls for every level that I call so that I can tailor the singing call to utilize a call or series of calls that I have featured in the patter.

GS-UK - What music management system do you use?

Andrew - I use Square View (SQView) to manage my music when I'm calling.

GS-UK - Do you teach Beginner dancers? At what program ?

Andrew - Yes, All of them up to Advanced. I have taught students at all programs often filling in for callers who are in the process of training new dancers.

GS-UK - How many classes have you taught so far?

Andrew - I have been sharing the teaching with Simon & Susie Kelly at Tudor Squares and sharing some of the teaching tips with Simon & Trudy Fielding at Waggoners. At Tilehurst Squares I have been sharing the teaching/calling of Advanced with Granville Spencer and Kevin Lovell (until recently).

LET'S SQUARE DANCE ~ August 2020

GS-UK - Do you call for Party Hoedowns?

Andrew - Yes, three so far. One of them was a charity hoedown for a boy who had cancer. The Hoedown was to raise money for his continued treatment.

GS-UK - What programs do you call?

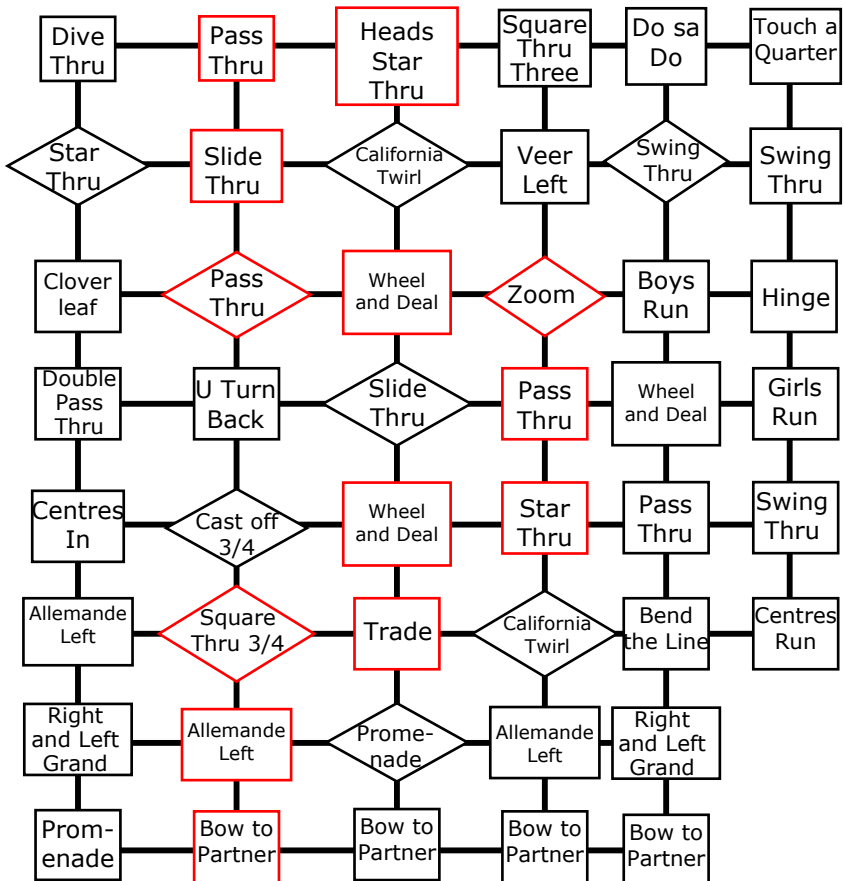
Andrew - Hoedown through Advanced.

GS-UK - Do you have a partner and if so how do they help you?

Andrew - I don't have the advantage of a partner in my life at the moment however I have a lot of friends who will go along with me to help me determine how the dancers on the floor feel about the atmosphere throughout the evening.

GS-UK - It's been very good chatting with you and we at GS-UK wish you a safe, prosperous future in square dancing.

Solution to Puzzle on Page 8



These glorious insults are from an era " before" the English language got boiled down to 4-letter words.

A member of Parliament to Disraeli: "Sir, you will either die on the gallows or of some unspeakable disease." "That depends, Sir," said Disraeli, "whether I embrace your policies or your mistress."

"He had delusions of adequacy ." - Walter Kerr

"He has all the virtues I dislike and none of the vices I admire." - Winston Churchill

I have never killed a man, but I have read many obituaries with great pleasure." -Clarence Darrow

"He has never been known to use a word that might send a reader to the dictionary." -William Faulkner (about Ernest Hemingway)

"Thank you for sending me a copy of your book; I'll waste no time reading it." -Moses Hadas

"I didn't attend the funeral, but I sent a nice letter saying I approved of it." -Mark Twain

"He has no enemies, but is intensely disliked by his friends." -Oscar Wilde

"I am enclosing two tickets to the first night of my new play; bring a friend, if you have one." - George Bernard Shaw to Winston Churchill. "Cannot possibly attend first night, will attend second... if there is one." -Winston Churchill, in response

"He is a self-made man and worships his creator." -John Bright

"I've just learned about his illness. Let's hope it's nothing trivial." -Irvin S. Cobb

"He is simply a shiver looking for a spine to run up." - Paul Keating

"In order to avoid being called a flirt, she always yielded easily." -Charles, Count Talleyrand

"He loves nature in spite of what it did to him." -Forrest Tucker

"His mother should have thrown him away and kept the stork." -Mae West

"Some cause happiness wherever they go; others, whenever they go." -Oscar Wilde

"He uses statistics as a drunken man uses lamp-posts... for support rather than illumination." -Andrew Lang (1844-1912)

"I've had a perfectly wonderful evening. But I'm afraid this wasn't it." - Groucho Marx

Submitted by Colin Walters

Next in the series of articles by Ed Foote

The 11th Commandment - Part 2

Last month we said that the 11th Commandment is: **Learn the calls**. This is not written anywhere, but obviously it is a requirement in order to be able to square dance.

It was noted that when dancers perform so poorly that they must consistently be pulled through, this refusal to learn the calls negatively impacts the **fun** of the other dancers.

Square dancing is a TEAM game. If everyone on the team is not doing his or her part, it hurts everyone on the team. Why do some people refuse to learn all the calls? There are several answers.

- (1) They are lazy. They just don't want to be bothered. Since people seem to accept them socially at the club no matter how poorly they dance, why bother learning the calls?
- (2) They do not realize how poorly they dance. They are under the delusion that they are just as good as most of the other dancers in the club.
- (3) They are selfish. They think only of themselves, and they have decided they do not want to learn all the calls. They never consider how their actions hurt others in the square, by causing them not to have an enjoyable dancing experience. Personally, I would be appalled if I knew that my insistence in participating in any activity was causing others not to have fun, but some people are this way.
- (4) The culture of the square dance activity rewards mistakes. You make a mistake, and everyone laughs and jokes. This is fine for a few times. But when this happens time and time again, you quickly get the message that no one cares if you make a mistake. So why work to learn the calls, when it seems perfectly acceptable to make mistakes?

Note: I do not blame the class instructors. Naturally, different teachers have different abilities. But I have seen too many examples of poor dancers graduating from classes taught by excellent instructors to blame the teachers. These same people will still be poor dancers two and three years later.

What is the result of this failure of dancers to learn the calls, thereby being inconsiderate of others in the square? **Answer: Experienced dancers quit.** Not right away; many dancers hang in there for years. But eventually always having to pull people through wears people down.

Dancers are expected to laugh off the mistakes of others, but when does this cease to be funny? If experienced dancers are expected to pull people through night after night, week after week, month after month -- are these people still laughing? No, they are dropping out, because this is not what they signed up for.



LET'S SQUARE DANCE ~ August 2020

Dancers keep saying to me privately that they are tired of pulling people through year after year, people who make no effort to learn the calls, so they are going to drop out. But they can not say this publicly. Why? Because it is socially unacceptable to do so.

The result is the good dancers just stop going to dances. "Gee, we haven't seen Bill and Mary lately -- I wonder what happened." When someone calls this couple, Bill and Mary say: "Oh, we've just gotten involved with other things (grandkids, volunteering, travel, bridge, just name anything)".

Translation: "We have found other things **more fun** than square dancing."

Bottom line. Square dancing is not rocket science. It has been proven by tens of thousands of dancers that learning the calls is not that difficult. But **learning the calls** is a fundamental part of square dancing. It does require a little effort. When people do not make this effort, because no one says this is important, the result is poor dancers.

Until we name the 11th Commandment, print it, say it out loud, and make it equally as important as all the other Commandments, nothing will change.

Until we give equal weight to the 11th Commandment, the big emphasis will remain at recruiting new dancers in the front door, while experienced dancers leave quietly out the back door. Some will cry out: "too many calls," lessons are too long" -- the list goes on and on. But the name of the game in square dancing is knowing the calls. To ignore this puts the entire activity at peril.

INSPIRATIONAL QUOTES

"It is not how much we give but how much love we put into giving." ...Mother Teresa

"I always listened to my own voice, and it always told me that for some reason I'm meant to be better. I'm meant to succeed again. And I did." ...Maria Sharapova

"Laughter is timeless, imagination has no age, dreams are forever." ...Walt Disney

"Don't walk behind me, I may not lead. Don't walk in front of me, I may not follow. Just walk beside me and be my friend." ...Albert Camus

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." ...Francis of Assisi

(from Ed Foote's collection)

Obituary ~ Peter Clewer

We were very sad to learn of the death of Peter Clewer on 7 July 2020 at 90 years old following a second bout of pneumonia. Peter was a lovely gentleman with many interests including mountaineering, sailing, photography and his garden. He was an enthusiastic square dancer and a loyal club member of long-standing. He joined Country Roads SDC in 1987 and danced with us until 2013, when he moved to Hampshire to be nearer to his family. He was a member of several other clubs and a regular attendee at local Saturday-night dances and at various weekends and square dance events. We all used to look forward to his potluck speciality - flapjacks. In 1999 he joined a C1 teach class run by Galaxy Squares and supported Galaxy at C1 and C2 for many years until his relocation. He will be fondly remembered by dancers at both clubs.



Wendy McConnell

TRIBUTE TO PETER CLEWER

I first met Peter in the early 1990's, from which grew a long-standing friendship. He was both a gentle man and a gentleman. He was a member of four clubs, Badger Sets, Cuffley, Country Roads and Galaxy Squares dancing up to the Challenge Program, although it was the dancing, not the level that mattered to Peter.

He was also very supportive when Trudy and I took our initial steps in calling. On several occasions he was prepared to move the furniture and roll up the carpet, so we could use his lounge as a practice venue. Indeed, many years later he repeated the exercise in order to facilitate the teaching of a small plus group. Such was the nature of the man, always happy to offer help and the benefit of his knowledge.

Personally, I would, from time to time, seek his counsel on a variety of square dancing related issues, usually over lunch at a local hostelry, and Peter would always respond in a measured yet thought provoking manner.

He moved to Ringwood a few years ago, to be nearer his family and celebrated his 90th birthday earlier this year. He passed away on Tuesday 7th July, following a second bout of pneumonia. Our condolences go to his family.

Simon (& Trudy) Fielding

LET'S SQUARE DANCE ~ August 2020

Again, not knowing how the Covid 19 situation will change in the coming months, I am including all the planned dances. Those for which we have received definite cancellations have been 'greyed out'

OPEN DANCES ~ August 2020 PL = Pot Luck RA=Raffle TO= Ticket only		
Sat 1 st Aft & Eve	TWIRLIN' 2 STEPPERS On the Road Jaden Frigo (from Australia) calling & Matt Baldry cueing Tel. 07979307336 (Matt)	SG14 2LX
Sat 8 th	NEW CITY SQUARES 34 th Birthday Dance Philip Mee MS Tel. 01280 816940 (Susie)	PL RA MK4 1NA
Fri 28 th To Mon 31 st	TELEMARKS Round Dance Weekend Teresa & Paul Hart (R) Tel: 07738 617716 Email: hartpaul@sky.com	TBA
Sat 29 th	ACTIV8's A2 Dance Simon and Trudy Fielding (A2) Tel 01582 735118 (Trudy)	Herts AL5 5AH

LET'S SQUARE DANCE ~ August 2020

OPEN DANCES ~ September 2020

PL = Pot Luck RA=Raffle TO= Ticket only

Fri 4 th to Sun 6 th	HOGSMILL SDC Bournemouth Bonanza Granville Spencer & Ian Turvill MS, P, (A1) Tel. 02035 567449 / 07742 881439	Dorset BH1 3AB
Fri 11 th to Sun 13 th	THE DIAMOND 17 th Challenge Dance Vic Cedar C2 etc Contact Mona +45 25 60 16 58 or lars@sqdancer.dk	Denmark
Sat 12 th	TILEHURST SDC 31 st Birthday & Charity Dance Simon & Trudy Fielding MS, P Tel. Paddy Davis 0118 9471360	PL R RG10 9TT
Sat 19 th	WORTHING SQUARES Birthday Dance Rob Branson MS, P Tel. 07577 220161 (Mike)	PL R W Sussex BN11 4PL.
Sat 19 th Aft / Eve	BUTTONS & BOWS Autumn Dance Emma Horsfield MS (p)P Tel 01508 495320 (Jan)	Suffolk IP28 6BD
Fri 25 th to Mon 28 th	PILGRIM PROMENADES SDC 36 th Coast Weekend Callers TBA P, A1, A2 Tel. 01752 668078 & 07752 569609 (Bernard)	Devon EX39 3QB
Sat 26 th Aft / Eve	A.S.A.Z 5 th Birthday Dance Kevin Lovell Aft A1/2, Eve MS, P Tel. 077 96 695575 (Annika)	Beds, LU6 3RJ

OPEN DANCES ~ October 2020

PL = Pot Luck RA=Raffle TO= Ticket only

¹ Thurs 1st	ALLEMANDERS SDC Paul Bristow MS, P Tel. 07904 008927 (Jane)	Cheshire WA1 3NJ
Fri 2 nd to Sun 4 th	NORTH WEST AND LAKES WEEKEND Paul Bristow, Di Green, Terry McCann MS,P, A1-2 Tel 01524 811444 (Brian)	Lancs LA2 6NB

OPEN DANCES ~ October 2020 (contd)**PL = Pot Luck RA=Raffle TO= Ticket only**

Sun 4 th	SCARLET RIBBONS RDC Autumn dance & Graduation Sandra Higson Ph II - IV Tel. 01865 424745 (Judy & Michael)	PL RA Oxon OX1 5PY
Sat 10 th	LAZY RIVER Autumn Dance Eddie James MS, P Tel 01273 832300 (Peter)	RA, PL W Sussex BN44 3XZ
Sat 10 th	AXE VALE SDC Autumn Dance Rob Branson MS, P Tel 01395578306 (Ron)	RA PL Devon EX10 9XH
Sat 10 th	VIKING SQUARES Autumn Dance Philip Mee & Matt Baldry MS, P, R Tel 01400 281 497 (Judy)	PL RA Notts NG13 0BG
Fri 16 th to Sun 18 th	Twirlin 2 Steppers Jerry Story, Neil Whiston, Matt Baldry P, (A) R Tel 0195425064 (Irene)	HP1 2PH
Fri 23 rd to Sun 25 th	SCARLET RIBBONS RDC Weekend of Dance Nick & Steve Ph II - IV Tel 01865 424745 (Judi & Michael)	RA Oxon OX25 1PL
Sat 24 th	ACTIV*S A Dance Simon & Trudy Fielding A1 - A2 Tel 01582 735118 (Trudy)	Herts AL5 5AH,
Sat 24 th	WHITE ROSE SQUARES Falling Leaves Dance Granville Spencer MS, pP Tel 01943 465006 (Ann) or 01937 580603 (Tom)	PL RA Yorks HG2 7SG
Sat 24 th	NEW FOREST SDC + CAROUSEL WHIRLERS Autumn Dance Reg caller + Heather B, MS, pP, R Tel 01202 529249 (Reg) or 01425 610600 (Heather)	PL RA BH23 8DR
Sat 24 th	STEEPLE STEPPERS 35 th Birthday Dance MS, P Tel 01159 314301 (Hilary)	Notts NG14 7DB
Fri 30 th	WHITE ROSE SQUARES Hallowe'en Dance Philip Mee MS, pP Tel 01943 465006 (Ann) or 01937 580603 (Tom)	PL Ra W Yorks LS23 6HY
Fri 30 th to Mon 2 nd	THE SOUTHPORT WEEKEND Brian Summerfield, Paul Preston, Amy Richardson Tel 07952 591868 (Brian)	PR8 1JS
Sat 31 st	TUDOR SQUARES Annual Plus Dance Di Green P Email Info@tudorsquares.org.uk (Jenny)	PL RA HP2 4EW

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Free listing of open Dances - Club contacts are expected to check the events calendar on the BAASDC website (www.uksquaredancing.com) to avoid clashes and then submit details using the website's EVENT SUBMISSION FORM found under 'help' and then 'Forms' at least **TWO weeks** before the publication month.

Short letters relevant to this edition - 25th of the month preceding the publication month, direct to the editor (LSDmag@talktalk.net).

All other items including advertisements - 20th of the month preceding the publication month. Forward details direct to the editor (LSDmag@talktalk.net).

All items submitted will be reviewed and assessed for suitability for inclusion but their publication cannot be guaranteed . Authors should be aware that the editor may modify text and layout according to relevance and the space available.

ACCEPTABLE FORMATS

For text submissions - Hand written, typed or e-mail, (ODT, Rich Text or Word,). Note that this publication uses Verdana 9pt font as a default.

For graphics submissions - gif, jpeg, jpg, png, tif, ppp and bmp.

Photographs should be to the highest possible resolution.

Please avoid mixing text and graphics

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